

# 3rd Annual Southeastern Eating Disorder Conference

## Integrative Treatment for Eating Disorders

March 1-2, 2012

The Nashville Airport Marriott  
600 Marriott Drive, Nashville, TN 37214-5046 • 615-889-9300

**14 CE contact hrs. offered**

*Be a part of an evolution in understanding and treating Eating Disorders. You will hear current experts in eating disorders, including those with interests in the fields of Western, complementary and alternative medicines, broadening your view about working with Eating Disorders. We invite you to join us for this information-packed weekend, and earn CEU's when you attend.*

**Who Should Attend:** Mental health professionals who work with children, adolescents, adults, and families with eating disorders.

**COST - 2-Day Workshop:** \$150 before January 14, 2012  
\$189 after January 14, 2012

### PRESENTERS:



**Mary Bartlett, PH.D, LPC-CS, NCC, CFLE** - Dr. Bartlett is the Suicide Prevention and Risk Consultant, and Director for the University Partnership Program at Magnolia Creek—a national treatment center for eating disorders specializing in treating self-harm and suicide.



**Ovidio Bermudez, MD, FAAP, FASHM, FAED, CEDS** - Dr. Bermudez has lectured nationally and internationally on eating disorders, childhood obesity, and other topics related to pediatric and adult healthcare.



**Ralph Carson, PHD, RD, LD** - Dr. Carson has been involved in the clinical treatment of obesity, addictions and eating disorders for over 30 years. He integrates health science, medicine, nutrition and exercise, for biophysiological intervention and proven psychotherapeutic treatment.



**Judy Crane, LMHC, CAP, CSAT** - Judy earned her B.A. from Rutgers, M.A. from New York Institute of Technology and is a Certified Addiction Professional in Florida, Certified Sex Addiction Therapist, a certified hypnotist, EMDR and a specialist for healing trauma and PTSD.



**Anita Johnson, PHD** - Dr. Johnson is the Senior Expert Clinical Consultant to Focus Healthcare of Tennessee, A Center for Eating Disorders in Chattanooga, and Moonpointe A Focus Center for Eating Disorders in Knoxville, TN. She is also the Founder and Clinical Director of the 'Ai Pono' Intensive Outpatient Eating Disorders Program in Honolulu. She is an author, international speaker and workshop leader with a private practice in women's issues in Kailua, Hawaii.



**Pam Kelle, RD, RD-CEDS** - Pam is an expert on a variety of nutrition subjects. She has a special talent in combining both nutrition science and personal intuitive eating advice to meet the needs of the individual. She adamantly believes there is no 'cookie cutter' diet that is right for everyone.



**Page Love, MS, RD, CSSD, LD** - Page is a registered dietitian of the American Dietetic Association, a health and fitness instructor certified by the American College of Sports Medicine, and a certified strength and conditioning specialist with the National Strength and Conditioning Association.



**Tennie McCarty, LCDC** - Tennie is the Founder, CEO and co-owner of Shades of Hope. She brings over thirty years of combined professional and personal insight to the treatment of addictive diseases.



**Susan Mullins Overman, MD** - is a certified psychodramatist. She trains clinicians locally and nationally. She is a contract therapist with Hyde Park Counseling Center and facilitates weekly psychodrama groups. Susan has a private practice in Tampa and is co-founder of South Tampa Psychodrama Training.



**Sandra Seeger** - is a certified psychodramatist who trains clinicians locally and nationally. She is an adjunct faculty member at the University of South Florida, is in private practice in Tampa and is co-founder of South Tampa Psychodrama Training.



**Lee Anne Roach, MS, RD, LDN** - is a Nutrition Therapist and Consultant. For 35 years she has provided nutrition services in a variety of practice settings specializing in behavioral health.



**Juliet Zuercher, RD** - Juliet directs nutrition therapy in conjunction with the medical director, as part of the Timberline Knolls treatment center's focus on individualized and comprehensive therapy. With an approach that addresses the thoughts and feelings connected to an individual's relationship with food and body, Juliet challenges the distorted myths about food that exist in our society today.

EVENT REGISTRATION: [integrativelifecenters.com](http://integrativelifecenters.com)



# Conference Schedule & Registration

(Schedule subject to change)

## Wednesday, February 29, 2012

8:00-9:00PM Open 12 Step Meeting

## Thursday, March 1, 2012

7:00-8:00AM Open 12 Step Meeting

8:00-9:00AM Registration - Continental Breakfast

9:00-9:15AM Welcome & Announcements

**9:15-10:45AM** Opening Speaker  
**Ralph Carson** (1.5 CEs)  
**"Capturing Mindfulness: Applying Mindfulness Techniques to Eating Disorders: A Neurobiological Perspective"**

10:45-11:00AM Break with Exhibitors

**11:00AM-12:00PM** **Tennie McCarty** (1 CE)  
**Addicted to Food: Gaining Recovery**

**12:15-1:45PM** Luncheon and Speaker  
**Anita Johnston** (1.5 CEs)  
**"Storytelling & Metaphor as Medicine for Eating Disorders"**

2:00-3:00PM **Mary Bartlett** (1 CE)  
**"Eating Disorders and Suicide: Building a Framework for Conceptualization and Treatment"**

3:00-3:15PM Break

**3:15-4:15PM** **Juliet Zercher** (1 CE)  
**"Nutrition Intervention Strategies: What to Say When"**

**4:30-5:30PM** **Pam Kelle** (1 CE)  
**"Relapse. Systematic Nutrition Therapy During Reoccurring Lapses In Eating Disorder Behavior"**

5:30PM Dinner on your own, open networking  
Opportunity for off site dinners ...

## Friday, March 2, 2012

7:00-8:00AM Open 12 Step Meeting

8:00-9:00AM Breakfast/networking opportunity with Exhibitors

**9:00-10:00AM** **Page Love** (1 CE)  
**"Innovative Nutrition Therapy Resources in Working with Eating Disorders"**

10:00-10:15AM Break

**10:15-11:15AM** **Judy Crane** (1 CE)  
**"The Loneliest Heart... A Story of Trauma, Attachment and Healing"**

**11:30AM-1:00PM** **Ovidio Bermudez** Luncheon Speaker (1.5 CEs)  
**"Readiness for Change in the Treatment of Eating Disorders"**

1:00-1:30PM Networking and give-aways

**1:30-2:30PM** **Lee Anne Roach** (1.5 CEs)  
**"Eating Disorders are not (just) about Food; Recovery is not (just) about Eating Behaviors"**

2:30-2:45PM Break with Exhibitors

**2:45-5:00PM** **Susan Mullins & Sandra Seeger** (2 CEs)  
**Putting the Karpman Drama Triangle Into Action with Eating Disorders**

5:00PM End of Conference

## EVENT REGISTRATION: [integrativelifecenters.com](http://integrativelifecenters.com)

**EVENT REGISTRATION:** on-line, or send check payable to: "Hyde Park Counseling", and mail to: Hyde Park Counseling Center, 207 W. Verne St., Tampa, FL 33606. (Attn: Fern Hill, C.E.O. & in memo add: Southeastern Eating Disorder Conference)

**ROOM RESERVATIONS:** The Marriott Nashville Airport, 600 Marriott Drive, Nashville, TN 37214-5046. Room rate is \$119.00. Deadline for this room rate is February 8, 2012 and the Marriott Courtyard is overflow at the rate of \$129.00. Deadline is 2/8/12. Complimentary Parking.

**Call Central Reservations: 800-321-2211.** Ask for SEED Conference special room rate that will be available until February 8, 2012. After that date you can still reserve, but not at the special rate.

**On-line room reservations:** <http://www.marriott.com/hotels/travel/bnathnashville-airport-marriott/>

**CANCELLATION POLICY:** All refund requests must be in writing and received no later than end of business 5:00 p.m. CST, January 8, 2012. A \$25 administrative fee will be charged for cancellations. Refunds will not be issued after January 8, 2012, substitutions of attendees may be made at any time without charge. We reserve the right to offer qualified substitute presenters in the event of an emergency. Every effort will be made to immediately notify registrants of changes. Send cancellations to: Sharon Sullivan, Integrative Life Center, 1104 16th Avenue S., Nashville, TN 37212. If you have special needs, please contact: Monnie Furlong, Pine Grove Behavioral Health at 601-543-5898.

**CONTINUING EDUCATION CREDIT:** CE credit for this event is sponsored by The Institute for Continuing Education. The program offers a total of 14.0 contact hours. Credit is awarded on a daily basis, with full daily attendance required. There is no additional fee for CE credit. Application forms will be available on site. If you have questions regarding CE credit, or for a listing of learning objectives, please contact The Institute for Continuing Education at: 800-557-1950 / FAX: 866-990-1960. Continuing Education credit is offered for the disciplines of: psychology (APA provider 823), social work (ASWB provider 1007), counseling (NBCC provider 5643), marriage/family therapy (FL Board provider BAP 255); drug-alcohol (NAADAC provider 00243). This event is appropriate for mental health professionals of all skill levels.

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### SUSTAINING SPONSORS:

