



WOODLAND RIDGE ALZHEIMER'S & DEMENTIA CAREGIVERS SUPPORT GROUP

Woodland Ridge Assisted Living & Memory Care

Woodland Ridge is proud to host a monthly support group for the caregivers and family members of those with Alzheimer's Disease and various types of dementia. Meetings last from 1 to 1 ½ hours and refreshments are provided. No reservation is required.

Facilitator: Ms. Brenda DuFour, MS

Brenda is a Certified Gerontologist that works as a Case Manager at Ridgeview Institute in the Older Adult Program. Her many years of experience working with Alzheimer's and dementia patients, as well as with their families and caregivers, provides a unique depth of experience as a facilitator and coach. She will also bring guest speakers and other experts to address specific areas of interest.

**Meetings are held the 3rd
Saturday of each month at
10:00 AM**

- Connect with others
- Find Resources
- Exchange Ideas
- Get Tips
- Learn Care Giving Skills
- Ask others with experience
- Share your stories
- Get the latest research news
- Meet experts
- Find Clinical trials

For More Information Contact Us

**4005 South Cobb Drive
Smyrna, GA 30080
770-431-7055**

woodlandridge@caravita.com

*THIS SUPPORT GROUP IS
PROVIDED AS A COMMUNITY
SERVICE AT NO COST TO
ATTENDEES*